

## Massage & Holistic

### Swedish

Reduces stress, improves circulation, relaxes muscles & eases tension.

<b>Back massage</b>	30 minutes	£27
<b>Back &amp; neck</b>	45 minutes	£33
<b>Full body</b>	60 minutes	£38
<b>Full body, face &amp; scalp</b>	90 minutes	£44

### Deep Tissue/Aromatherapy

A detoxifying, intense massage using blended essential oils to relax & de-stress the mind and body.

<b>Back massage</b>	30 minutes	£29
<b>Back &amp; neck</b>	45 minutes	£35
<b>Full body</b>	60 minutes	£40
<b>Full body, face &amp; scalp</b>	90 minutes	£48

### Indian Head Massage

Deep tissue neck, shoulder & scalp massage to ease tension & reduce stress.

Deep tissue neck, shoulder & scalp massage to ease tension & reduce stress.	30 minutes	£28
	45 minutes	£34

### Reflexology

A relaxation treatment using pressure point massage on the feet, stimulates energy to rebalance, detoxify & promote self-healing.

60 minutes	£37
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### Hot Stone Massage

Massage using hot basalt stones to warm the muscles for ultimate relaxation.

<b>Back &amp; neck</b>	45 minutes	£35
<b>Full body</b>	60 minutes	£40
<b>Full body, face &amp; scalp</b>	90 minutes	£48



## Weddings

<b>Make Up</b>	From	£26
<b>Hair</b>	From	£38

Home Visits available.

Please contact Sarah for more information.



## Body Treatments

**Body Glow & Hydrate** 30 minutes £27

This Sothy's therapy polishes skin to a soft glow using our exclusive warm oil sugar & salt scrub followed by an express massage providing the critical hydration and nourishment skin needs.

**Deluxe Back Blitz** 60 minutes £42

Dry body exfoliation followed by a scrumptious scrub combined with hot mitts, a cocooning hydrating mask & a soothing back, neck & shoulder massage using hot stones & our expert hands on massage

**Hanakasumi** 75 minutes £46

Enjoy a relaxing, rebalancing & nourishing body ritual inspired from Japanese tradition. Includes exfoliation, stimulating foot massage & warm shea butter application from top to toe using scents of cherry blossom & Asian essences. The mind is clearer, skin is more nourished & delicately perfumed.

**Ultimate Body Bliss** 90 minutes £50

This luxurious Top to Toe pampering experience commencing with body brushing to remove dead skin, followed by a super relaxing back & neck massage. Cocooned in warm blankets, relax with our 'time out' facial where your skin care specialist will select products to suit your skins needs with an added scalp & stress-releasing foot massage. Total relaxation leaving you recharged & refreshed.

Create your own bespoke relaxation experience  
please enquire for more information 90 minutes £50

**Spray Tanning** From £20

Our St Tropez gives the perfect natural tan every time. Choose from St Tropez classic, dark or express, designed to suit every skin type.

# The Ultimate Touch Beauty

Proprietor: Sarah Louise Kent

B.A.B.T.A.C C.I.D.E.S.C.O  
I.I.H.H.T



**Opening Hours**  
Monday 9am-5pm  
Tuesday 9am-5pm  
Wednesday 9am-5pm  
Thursday 9am-8pm  
Friday 9am-9pm  
Saturday 9am-5pm  
Sunday Closed

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## Facials

<b>Essentials Skincare Facial</b>	30minutes	£24
	60 minutes	£40

A rejuvenating deeply hydrating facial suitable for all skin types. Skin is left cleansed, polished and beautifully conditioned for healthy, soft, radiant results

<b>GlycoPeel</b>	45minutes	£39
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Unique resurfacing, anti-aging treatment to boost collagen, reduce lines & promote radiance & luminosity to the skin.

**Book 6 treatments & receive a Free Glycowash Cleanser**

<b>Anti-Aging</b>	60 minutes	£43
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This anti-aging treatments developed for skin that requires a firm, smooth approach. Advanced formulations and relaxing targeted massage techniques ease the appearance of fine lines, leaving, skin looking and feeling radiantly invigorated.

<b>Black Diamond</b>	75 minutes	£50
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A dazzling combination of precious black diamonds, gemstones, crushed mother of pearl and anti-aging peptides, the Black Diamond treatment visibly illuminates and plumps, reducing fine lines and wrinkles to award the look of youthfulness to skin.

## Crystal Clear Micro-Dermabrasion

Dramatically & visibly improves the texture and appearance of fine lines, wrinkles, pigmentation and acne scarring.

<b>Flash</b>	30 minutes	£29
<b>Delux</b>	60 minutes	£44

## Make-Up

<b>Application</b>	30 minutes	£26
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## Nails

Jessica natural nail treatments offer an answer for all your nail problems.

<b>Express Manicure</b>	30 minutes	£13
<b>Manicure</b>	45 minutes	£21
<b>Deluxe Manicure</b>	60 minutes	£26

(Includes heated mitts)

<b>Zen Spa Pedicure</b>	60 minutes	£30
<b>Deluxe Pedicure</b>	75 minutes	£35

(Includes heated booties)

**Please bring flip flops when having a pedicure.**

<b>Paraffin Wax</b>	15 minutes	£10
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Luxury re-hydration for dry, cracked skin.

<b>Callus Peel Hard Skin Removal</b>	30 minutes	£15
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A foot treatment that removes hard callused skin leaving your feet feeling soft & revitalised.

<b>Zen Spa Pedicure &amp; Callus Peel</b>	75 minutes	£40
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## Gel Overlays

A semi-permanent gel that adds strength to the natural nail & offers a long lasting, high gloss, chip free finish, for fingers or toes.

<b>Clear</b>	45 minutes	£26
<b>Colour</b>	45 minutes	£30
<b>French</b>	45 minutes	£30
<b>Infills</b>	60 minutes	£27
<b>Extensions</b>	90 minutes	£40
<b>Soak Off</b>	30 minutes	£10
<b>Gel Pedicure</b>	60 minutes	£35

## Nail Art & Glitters

<b>Glitter</b>	1 Nail	All Nails
<b>Nail Art</b>	Free	£3
	£3	£5

**Acrylic Nails** – Please contact us for more details

## Waxing

<b>½ Leg</b>	30 minutes	£17
<b>¾ Leg</b>	30 minutes	£19
<b>Full Leg</b>	45 minutes	£21
<b>½ Leg Bikini/Underarm</b>	30 minutes	£22
<b>¾ Leg Bikini/Underarm</b>	30 minutes	£23
<b>Full Leg Bikini/Underarm</b>	60 minutes	£26
<b>Bikini Line</b>	15 minutes	From £10
<b>Underarm</b>	15 minutes	£9
<b>Arms</b>	30 minutes	From £12
<b>Eyebrow</b>	15 minutes	From £9
<b>Lip/Chin</b>	15 minutes	From £9
<b>Lip &amp; Chin</b>	15 minutes	From £11
<b>Back/Chest</b>	30 minutes	From £15

## Apilus/Electrolysis

5 minutes	£9.00	15 minutes	£15.00
10 minutes	£12.00	20 minutes	£17.00

## Laser

Permanent hair reduction. Prices start from £20.00  
Free consultation

## Eyes

**A patch test is required 24hrs before a tint or eyelash lift/extensions.**

<b>Eyelash Tint</b>	30 minutes	£13
<b>Eyebrow Tint</b>	15 minutes	£9
<b>Eyebrow shape &amp; tint</b>	30 minutes	£16
<b>Eyelash &amp; Eyebrow Tint</b>	30 minutes	£17
<b>Brows by Mii</b>	45 minutes	£20

A multi-step procedure to enhance & define the brow.

<b>Duralash</b>	30 minutes	£13
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Semi-permanent eyelashes last up to 3 days.

<b>Eyelash Extensions</b>	90 minutes	£40
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Extensions to enhance lengthen & thicken your lashes

<b>LVL Lash Lift</b>	60 minutes	£45
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Length, Volume, Lift – straightening, lifting and tinting your natural lashes resulting in the appearance of longer, thicker lashes. Lasts 6-8 weeks. Patch test required 48 hours prior to treatment

<b>Mina Henna Brow</b>	30 minutes	£25
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The ultimate vegan friendly brow technique – no ammonia, lead or oxidants making it totally organic. Long-lasting colour that covers greys & tints the skin to create a fuller brow & Make-Up effect. Lasts 6-8 weeks

<b>Brow Lamination by Mina Brow</b>	45 minutes	£30
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The perfect solution to realign the brows to give you a more desirable fuller look making the most of how much or how little natural brows you have! This treatment creates the ultimate shape, volume & colour giving you amazing brows for up to 2 months.

## Brow Lamination & Henna brows

	60 minutes	£45
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